

# MOVEMENT CURRICULUM PLAN HELSINKI FINLAND

Madrid 27th of March 2023



# Helsinki Hub

Students involved  
**100**

Student's age  
**7 - 12 years old**

Helsinki Hub is composed by Central Helsinki Music Institute and three primary schools located in Helsinki.

[View more](#)

Partner  
**Central Helsinki Music Institute**

[Find out more](#)

Associated Partner  
**Kalasantama Comprehensive School**

Associated Partner  
**Aleksis Kivi Primary School**

Associated Partner  
**Vallila Kivi Primary School**





## HUB Central Helsinki Music Institute

- Aleksis Kivi Primary School
  - 52 pupils per year (Antti Hakkarainen CHMI)
- Kalasatama Comprehensive School
  - 25 pupils per year (Jenna Korhonen CHMI)
- Vallila Kivi Primary School
  - 25 pupils per year (Sari Norja CHMI)

[Presentation of the Schools](#) (1'32")



JANUARY BASIC BEAT	FEBRUARY SINGING AND MELODIES	MARCH LISTENING	APRIL PLAYING INSTRUMENTS	MAY PLAYING INSTRUMENTS AND "PUTTING IT ALL TOGETHER"
Beat together, pupil's own beat, expressing the beat in different ways	Using voice in healthy and natural way, echo songs, breathing exercises	Ways of active listening, timbre	Playing together	Preparing a song with children that combines all the elements we have learned together.
Word rhythms, rhythmic, bodyrhythms/ bodypercussion	Singing + bodypercussion	Getting to know various instrument's voices	Musical forms, ostinatos	
Word rhythms + bodypercussion = ostinato	Canons, polyphonic songs	Active listening exercises		

# 10 Examples. 1-5

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## 1. Instruments:

- Skills involved and activated: co-operation, problem solving, creativity

## 2. Students as conductors:

- Skills involved and activated: co-operation, active listening, responsibility

## 3. Rhythmical insects or animals:

- Skills involved and activated: co-operation, creativity, problem solving, perseverance

## 4. React to music [https://youtu.be/excLqg\\_9UWo](https://youtu.be/excLqg_9UWo)

- Skills involved and activated: energy, creativity

## 5. Mirror <https://youtu.be/OeIVBCeJd80>

- Skills involved and activated: co-operation, trust



# 10 Examples: 6-10

6. Sound drawing <https://youtu.be/DU1YSFG1ML4>

- Skills involved and activated: trust, perseverance

7. Beat in the circle <https://youtu.be/bB1ZRcL9iSw>:

- Skills involved and activated: co-operation, trust

8. Kalevala rhymes and improvising own words:

- Skills involved and activated: problem solving, creativity, responsibility, resistance to stress, critical thinking

9. Move-sound-stop:

- Skills involved and activated: trust

10. Music moves us all: using movement to figure out musical forms:

- Skills involved and activated: trust: co-operation, problem solving, resistance to stress



# Feedback

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## **Relationship between Teacher of the Music Institute and the Class teacher**

- How does the Cooperation work? Giving - Receiving
- Changes of the Class teacher (three teachers in two yrs) in Vallila
- The involvement of the parents is minor

## **Continuity**

- Do the practices will stay at the school?
- Is there a future of the work we done?
- Do we make a cooperation after this project?
- The feedback is very positive



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Thank you for listening

